



Welcome to the upcoming Africa Nations Cup, with one month to go preparations are full steam ahead.

Arrival Times & Training Slots

We think it is essential that teams have at least one practice session prior to the tournament commencing on Friday morning. It follows that we would like to propose that all teams aim to be in Cape Town by 16h00 on Thursday afternoon to enable a training session, team meeting and kit hand out. As a manager and a coach, you are welcome to make alternative arrangements with your team, as long as the above requirements re team preparation are complied with.

Coaches or team managers can email Andy Stofberg at andy@psihockey.co.za or send him a message on **082 823 3748** should you wish to book a practice slot. This will be done on first come first served basis. Fields will be shared (so ½ a field) and sessions will be 75 minutes. Players are to please exit the field as per the signage at the field. Should you wish to arrange additional training slots during the tournament, please advise Andy of your requirements.

Team Manager Meetings

Team managers are invited to a mandatory team manager meeting at 18h00 on 25 November 2021 at WPCC during tournament operational issues will be discussed. Registration documents will be forwarded to team managers in due course.

Please be advised that some of the matches will be live streamed so it is humbly requested that every effort is taken to ensure that teams wear uniform kit to ensure a professional image.

Accommodation

SA Masters will not dictate the accommodation arrangements; this will allow teams the maximum flexibility to manage costs. We leave it to the team leadership to consider various options such as billeting with locally based players, team equalisation, etc. to keep costs down as much as possible. The Event organiser has identified accommodation options should teams need or wish to use this option (refer accommodation detail on page 2).

Kit

Team kit will be available for collection on Thursday from WPCC from 16h00 unless alternative arrangements are made with our Kit Co-ordinator, Lauren Whitelaw. Lauren will make contact with managers closer to the time to arrange the logistics. Team members will only receive one set of playing kit so laundry arrangements will be required.

Tournament Venues

The tournament venues are Hartleyvale Hockey Stadium, WPCC and UCT with the tournament function being scheduled for 19h00 on Saturday, 27 November 2021 at a venue to be confirmed.

Tournament Levies

The tournament levy is R700-00 per person which includes all tournament related costs being astro hire, umpires, technical officials, medical support and Covid-19 compliance, amongst others. We ask that the levies be paid into the SA Masters Account on or before 15 November 2021 to facilitate proper administration. Managers are to please collect the team fees and pay a lump sum into the stated bank account with the team name as a reference.

- NAME: South African Masters Hockey Association

- BANK: FIRST NATIONAL BANK
- ACCOUNT: 62750268370
- BRANCH: 254605
- REFERENCE: Team Name

Matches

Each team will play a minimum of one match per day with the first match starting at 10h00 on Friday and the last match being scheduled to finish at 14h00 on Sunday, 28 November 2021. Mark Halgryn will be in contact with team coaches, where the opportunity exists to allow for more matches during the weekend. This might be a good option where squads consist of larger numbers.

Team Assessments

Each team will be required to do a baseline assessment. These will be planned within the schedule for the weekend.

Tournament Function

The official tournament function is scheduled for 19h30 on Saturday, 27 November 2021 at a venue to be confirmed. Attendance at the function is mandatory (please) for the SA squads as we need to show proper support to our tournament sponsor, which should be announced very shortly.

Umpires

Whilst we will be sourcing umpires from the local WP pool, we wish to allow any suitably qualified umpires who wish to officiate at the tournament to apply forthwith by sending me an email in this regard.

Match Format

Matches will consist of 4 x 15-minute chukkas and will be managed in accordance with FIH playing conditions with the exception of squad size. The normal 2-minute and 5-minute breaks will apply. Please NOTE there will be NO STOPPING of time for short corners.

Matches will be scheduled to start 1 hour and 40 minutes apart. This will allow for Covid-19 protocols, watering and on astro warm up times (15 mins) between games.

Spectators

Currently we are under Level 1 restrictions. This allows spectators at the various venues up to 2 000 (or 50% capacity). We will keep of track of any changes and will advise the final Covid-19 protocols closer to the event.

Accommodation

We have secured rooms and rates at the **Stay Easy City Bowl** at **R800** a double, 2 beds so R400 per night per person sharing.

Garden Court Nelson Mandela Hotel R1 100 a double room (2 beds so R550 per night sharing). If any players or team coaches wish to make a provisional booking please email can email Andy Stofberg at andy@psihockey.co.za or send him a message on **082 823 3748**. No payment required until the 15th November.

Transport

With the playing venues being close to the hotels, we suggest Uber as the method of travel. Average trip cost to the fields from the aforementioned hotels amounts to R100.

Should you have any other queries please feel free to contact can email Andy Stofberg at andy@psihockey.co.za or send him a message on **082 823 3748**.

SA Masters Executive